

WEDNESDAY, SEPTEMBER 16, 2009
YOUR NEIGHBOR SINCE 1856 • 50 CENTS

Folsom Telegraph

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WIN
with an upset
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Bandits and babies
and guns, oh my
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Fires ravage
through Folsom
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ROLLIN' INTO TOWN



PHILIP WOOD • THE TELEGRAPH

Cyclists race over the Rainbow Bridge Sunday afternoon on the Two Bridges Circuit Race. Cyclists rode multiple laps through Historic Folsom and crossed Lake Natoma Crossing and the Rainbow Bridge.

Cyclebration inspires families to ride

Cycling extravaganza drew thousands from throughout California

BY LAURA NEWELL
TELEGRAPH CORRESPONDENT

A drizzly day in Folsom made for perfect weather at the second Cyclebration event in Folsom over the weekend.

The three-day bicycle experience included 13 events geared around mountain bike, road bike and racing around the trails and lakes in Folsom.

A Cyclebration festival and cycling expo took place at Negro Bar State Bar on Saturday where more than 150 event participants and numerous area residents, families and visitors came to enjoy food, music and 46 local vendors.

Event participants of all ages, skill levels and cycling knowledge said they enjoyed Saturday's events and being able to end their day at the festival with live music and food.

"I just started riding a week ago and I'm an enthusiast now ... this is awesome and a lot of fun," said Kathy Zimmerli, own-

er of Best Cookies in Folsom. She also participated in the Lake Natoma Cruiser Ride on Saturday. "This would have been the last thing I would have thought I would do, but I love it."

Folsom Area Bike Advocates (FABA), a Folsom chapter of Sacramento Area Bike Advocates (SABA), provided free bicycle parking at the festival.

"Today (Saturday) we have parked over 200 bikes," said Bob Ehardt, 46, FABA member.

Many families came out on Saturday to participate in family events including the Folsom Trails Family Treasure Hunt, Lake Natoma Cruiser Ride, Gold Rush Metric Century ride, Half Metric Century ride and the festival.

"It was a fun family day," said Leann Schumer who attended the event with her husband Bob

and 3-year-old daughter Audrey. "(Audrey) definitely loves it and now wants a little pink princess bike," said Schumer, who participated in the Lake Natoma Cruiser Ride with her family.

Local and visiting cycle competitors also attended numerous events to both challenge themselves and train for future events.

Cycle enthusiasts and friends, Gary Betz, 51 of Rocklin, Larry Hansen, 54 or Folsom, Jamie Lee, 53 of Sacramento, Molly Greene, 40 of Sacramento,

Melanie Boxall, 35 of Roseville, Allen Boxall, 43 of Roseville, and Brian Johnson, 47 or Elk Grove, all participated in the 71-mile Gold Rush Metric Century ride on Saturday.

The group said that while this is an expensive hobby, it

also is rewarding. "You can get a lot of exercise without killing your knees," said Johnson. "The slopes (in the Gold Rush Metric Century ride) are about 12 percent, so this is a real challenge that trains us for other events."

Another cycle enthusiast, Teresa Brown, used the event to spend time with her daughter Annie, 6, and pet dog Rosie.

The two rode a tandem bicycle in the Folsom Trails Family Treasure Hunt, and let Rosie ride up-front in a bicycle basket with a ventilated cloth laundry bag tied safely around her.

"The Family Treasure Hunt was paced just right," Brown said. "There is enough hands-on stuff to do to keep kids interested; and there is enough information for parents and adults to learn about places to ride in Folsom."

Brown moved to Folsom in 1977 and rode competitively in high school.

"The weather was just beautiful; we kind of hesitated this morning because of the rain, but came out and really enjoyed it," Brown said.

"I just started riding a week ago and I'm an enthusiast now ... this is awesome and a lot of fun. This (Lake Natoma Cruiser Ride) would have been the last thing I would have thought I would do, but I love it."

Kathy Zimmerli, owner of Best Cookies in Folsom.

Going old school at history museum

Antique Evaluation Day has big turnout as 397 appraisals were made

BY LAURA NEWELL
TELEGRAPH CORRESPONDENT

Despite a cloudy day in Folsom, the Antique Evaluation Day had a sunny response with participants to raise funds for the Folsom History Museum on Saturday.

"We had 116 participants and the volunteer appraisers gave 397 evaluations," said Candy Miller, museum volunteer

who has headed up the event for the past 12 years and volunteered at the Folsom History Museum for the past 15 years.

After expenses, Miller said that \$3,300 was raised for the Folsom History Museum.

There were 15 appraisers with various specialties ready to evaluate antiques, and most of them had a full day with

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